



Mid-State Gastroenterology

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PRE-PROCEDURE DAY INFORMATION

At least two days prior to your procedure, someone from the surgery center will call you before your procedure to confirm your arrival time and review information regarding your procedure.

PLEASE BE ADVISED OF THE FOLLOWING:

It is your responsibility to contact your insurance company to learn whether a specific procedure is covered and if it will be applied to a deductible. Some insurance plans have riders and underwriting on the plan that may or may not cover any or all of the procedure. We want you to be aware and understand the specifics of your insurance coverage. We are happy to provide you with the codes that could be used when submitting your claim to the insurance company.

*****VERY IMPORTANT*****

There are three (3) entities involved that will send a bill following your procedure.

1. FACILITY: Mid-State Endoscopy or Ascension Saint Thomas Rutherford
2. OneGI:
 - Dr. Sunil Sarvaria
 - Pathology (if any specimens are collected during procedure)
3. ANESTHESIA

Anesthesia, pathology, and physician charges are filed with insurance for determination of additional patient financial responsibility.

SURGERY CENTER LOCATIONS:

You will report to one of the surgery centers noted below as instructed by your provider/nurse.

**Mid-State Endoscopy
Center** 1115A Dow Street
Murfreesboro, TN 37130
Phone: 615-848-9234



Ascension Saint Thomas Rutherford
1700 Medical Center Pkwy
Murfreesboro, TN 37130
Phone: 615-396-4100

Enter through the main hospital entrance.



PROCEDURE DATE: _____

PROCEDURE TIME: _____

Your procedure will be performed by Doctor: _____

Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

SUTAB[®]
(sodium sulfate, magnesium sulfate, and potassium chloride)
Tablets
1 479 g/0 225 g/0 188 g



What to Eat the Day BEFORE Your Colonoscopy

NO SOLID FOOD

What You CAN Do

For 3 days hold: Aspirin, Ibuprofen, Aleve, Fish Oil, & Iron Supplements

- You may have clear liquids.

What You CANNOT Do

- * Do not drink milk or eat or drink anything colored red or purple *
- * Do not drink alcohol. *
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- Please stop all iron products 7 days before. Clear liquid Diet starts upon waking the day before procedure, ending at midnight, before the second dose of Sutab

Liquids That Are OK to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Jello & Popsicles (No topping or Fruit)
- Water
- Chicken, Beef, Vegetable Broth
- Clear soda (such as ginger ale)

Note

- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUTAB may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUTAB.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distension, vomiting, and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUTAB or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUTAB, call your doctor.

The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

DAY 1, DOSE 1—The day BEFORE your colonoscopy

Start Dose 1 with water @ _____

STEP 1 Open 1 bottle of 12 tablets.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). **Swallow 1 tablet every 5 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 60 minutes.**



IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink the additional two 16 ounces of water

STEP 3 Approximately **1 hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately **30 minutes** after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DAY 2, DOSE 2—The day OF your colonoscopy

Second Dose Starts @ _____

- The day of your colonoscopy (5 to 8 hours prior to your colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets.
- Repeat STEP 1 to STEP 4 from DAY 1, DOSE 1.



IMPORTANT: You must swallow all tablets and drink all the water at least 4 hours before your colonoscopy.

Please read the full Prescribing Information and Medication Guide in the kit.

Provided as an educational service from  Braintree

PRODUCTS TO AVOID PRIOR TO YOUR PROCEDURE
(IMPORTANT: These are drugs that can thin your blood and may cause bleeding.)
Avoid these medications for at least 5 days before your procedure.

Advil	Loritab ASA
Aggrenox	Magsal
Aleve	Midol
Alka Seltzer	Mobic/Meloxicam
Anaprox	Mobigesic
Anacin	Monogesic Tablets
Arthritis Pain Formula	Motrin
Ascriptin	Naprosyn
Aspergum	Naprelan
Aspirin 325mg (Baby Aspirin 81mg is OK)	Naproxen
Azoid	Norgesic
BC Powders	Norwich
Bextra	Nuprin
Brilinta	P-A-C Analgesic
Bufferin	Pepto-Bismal
Carna Arthritis Medication	Percodan
Celebrex	Phentermine HCL
Clinoril	Plaquenil
Coumadin	Plavix
Darvon Compound /Darvocet	Pradaxa
Disalcid	Robaxisal
Doan's Pills	Salflex
Dristan	Salsalate
Easpirin	Salsitab
Ecotrin	Savaysa
Effervescent Tablets	Sine-Aid
Effient	Soma Compound
Eliquis	Stanback
Empirin	Synalgos-DC
Equagesic	Talwin
Etodolac	Therapy Bayer Caplets
Excedrin	Tolectin
Feldene	Tolmetin
Fenoprex	Toradol
Fiorinal	Trigesic
Fish Oil	Trilisate
Formula Caplets	Urisinus-Inlay
Goody Powders	Vanquish
Haltran	Vitamin E
Ibuprofen	Vioxx
Ibu-Tab	Warfarin
Indocin	Xarelto
Lodine	Zontivity

GLP-1 AGONISTS Type 2 diabetes or weight loss medications

Daily

- Rybeisus (semaglutide)
- Victoza (liraglutide)
- Saxenda (liraglutide)
- Byetta (exenatide)
- Adlyxin (Lixisenatide)

Weekly

- Ozempic (semaglutide)
- Wegovy (semaglutide)
- Trulicity (dulaglutide)
- Bydureon (exenatide)
- Mounjaro (tirzepatide)

Hold GLP-1 agonists on the **DAY** of procedure for patients who take the medication **DAILY**.

Hold GLP-1 agonists a **WEEK** prior to the procedure for the patients who take the medication **WEEKLY**.