



# Mid-State Gastroenterology

powered by



## PRE-PROCEDURE DAY INFORMATION

At least two days prior to your procedure, someone from the surgery center will call you before your procedure to confirm your arrival time and review information regarding your procedure.

### **PLEASE BE ADVISED OF THE FOLLOWING:**

It is your responsibility to contact your insurance company to learn whether a specific procedure is covered and if it will be applied to a deductible. Some insurance plans have riders and underwriting on the plan that may or may not cover any or all of the procedure. We want you to be aware and understand the specifics of your insurance coverage. We are happy to provide you with the codes that could be used when submitting your claim to the insurance company.

### **\*\*\*VERY IMPORTANT\*\*\***

**There are three (3) entities involved that will send a bill following your procedure.**

1. FACILITY: Mid-State Endoscopy or Ascension Saint Thomas Rutherford
2. OneGI:
  - Dr. Sunil Sarvaria
  - Pathology (if any specimens are collected during procedure)
3. ANESTHESIA

**Anesthesia, pathology, and physician charges are filed with insurance for determination of additional patient financial responsibility.**

### **SURGERY CENTER LOCATIONS:**

*You will report to one of the surgery centers noted below as instructed by your provider/nurse.*

**Mid-State Endoscopy Center**  
 1115A Dow Street  
 Murfreesboro, TN 37130  
 Phone: 615-848-9234



**Ascension Saint Thomas Rutherford**  
 1700 Medical Center Pkwy  
 Murfreesboro, TN 37130  
 Phone: 615-396-4100

*\*Enter through the main hospital entrance.\**



**PROCEDURE DATE:** \_\_\_\_\_

**PROCEDURE TIME:** \_\_\_\_\_



Mid-State  
Gastroenterology

powered by



## **SPLIT PREP INSTRUCTIONS**

**\*\*\*PLEASE BE SURE TO FOLLOW THESE INSTRUCTIONS\*\*\***

**You will need to purchase the following items from the pharmacy two (2) days prior to your procedure:**     **\* NO PRESCRIPTION NEEDED FOR ANY OF THESE ITEMS\***

- 2 - Dulcolax (Bisacodyl) 5mg Oral Tablets (Laxative)
- 8- Gas-X (125mg tablets) in; dissolving
- 1 - 527g Bottle of Miralax (30 dose bottle)
- 2 - 32oz Bottle of Gatorade, G2, or Powerade **(no red or purple flavors)**

### **Day Before Procedure**

1. In the morning, mix 15 capfuls of Miralax powder into a 32oz bottle of Gatorade. Mix another 15 capfuls into the second 32oz bottle of Gatorade. Shake solution until Miralax is dissolved and chill in the refrigerator until time to begin prep.
2. Consume a clear liquid diet all day - breakfast, lunch, and dinner.  
A clear liquid diet may include: water, soft drinks, coffee or tea without cream, jello, juice without pulp (orange, apple, white grape, white cranberry), popsicles, broth and bouillon.  
**IMPORTANT: Remember not to drink any dairy products or red or purple colored beverages, jello, popsicles, etc.**
3. Drink at least 6oz of clear liquids every hour.
4. At 12:00pm, take (2) Dulcolax 5mg oral tablets with water.
5. At 5:00pm, take 4 Gas-X and start drinking the Miralax-Gatorade prep, 8oz every 15-30 minutes until the solution is gone.  
**IMPORTANT: If you become nauseous during the ingestion of the Miralax-Gatorade prep, stop the prep for 45 minutes, then resume. Continue to drink clear liquids until bedtime.**

### **Day of Colonoscopy**

**\*\*\*NO SOLID FOODS\*\*\***

Six (6) hours before procedure, take 4 Gas-X and drink the remainder (32oz) of the Miralax-Gatorade prep, 8oz every 15-30 minutes. **After drinking this, you may have nothing else by mouth prior to your procedure.**

## **IMPORTANT NOTE:**

**\*\*\*PLEASE REMEMBER, IF YOU EAT OR DRINK ANYTHING WITHIN FOUR (4) HOURS OF YOUR PROCEDURE, THIS WILL RESULT IN A DELAY OR CANCELLATION OF YOUR PROCEDURE!! THIS INCLUDES WATER, MINTS, HARD CANDY AND GUM!!\*\*\***

**PRODUCTS TO AVOID PRIOR TO YOUR PROCEDURE**  
**(IMPORTANT: These are drugs that can thin your blood and may cause bleeding.)**  
**Avoid these medications for at least 5 days before your procedure.**

<b>Advil</b>	<b>Loritab ASA</b>
<b>Aggrenox</b>	<b>Magsal</b>
<b>Aleve</b>	<b>Midol</b>
<b>Alka Seltzer</b>	<b>Mobic/Meloxicam</b>
<b>Anaprox</b>	<b>Mobigesic</b>
<b>Anacin</b>	<b>Monogesic Tablets</b>
<b>Arthritis Pain Formula</b>	<b>Motrin</b>
<b>Ascriptin</b>	<b>Naprosyn</b>
<b>Aspergum</b>	<b>Naprelan</b>
<b>Aspirin 325mg (Baby Aspirin 81mg is OK)</b>	<b>Naproxen</b>
<b>Azoid</b>	<b>Norgesic</b>
<b>BC Powders</b>	<b>Norwich</b>
<b>Bextra</b>	<b>Nuprin</b>
<b>Brilinta</b>	<b>P-A-C Analgesic</b>
<b>Bufferin</b>	<b>Pepto-Bismal</b>
<b>Carna Arthritis Medication</b>	<b>Percodan</b>
<b>Celebrex</b>	<b>Phentermine HCl</b>
<b>Clinoril</b>	<b>Plaquenil</b>
<b>Coumadin</b>	<b>Plavix</b>
<b>Darvon Compound /Darvocet</b>	<b>Pradaxa</b>
<b>Disalcid</b>	<b>Robaxisal</b>
<b>Doan's Pills</b>	<b>Salflex</b>
<b>Dristan</b>	<b>Salsalate</b>
<b>Easpirin</b>	<b>Salsitab</b>
<b>Ecotrin</b>	<b>Savaysa</b>
<b>Effervescent Tablets</b>	<b>Sine-Aid</b>
<b>Effient</b>	<b>Soma Compound</b>
<b>Eliquis</b>	<b>Stanback</b>
<b>Empirin</b>	<b>Synalgos-DC</b>
<b>Equagesic</b>	<b>Talwin</b>
<b>Etodolac</b>	<b>Therapy Bayer Caplets</b>
<b>Excedrin</b>	<b>Tolectin</b>
<b>Feldene</b>	<b>Tolmetin</b>
<b>Fenoprex</b>	<b>Toradol</b>
<b>Fiorinal</b>	<b>Trigesic</b>
<b>Fish Oil</b>	<b>Trilisate</b>
<b>Formula Caplets</b>	<b>Urisinus-Inlay</b>
<b>Goody Powders</b>	<b>Vanquish</b>
<b>Haltran</b>	<b>Vitamin E</b>
<b>Ibuprofen</b>	<b>Vioxx</b>
<b>Ibu-Tab</b>	<b>Warfarin</b>
<b>Indocin</b>	<b>Xarelto</b>
<b>Lodine</b>	<b>Zontivity</b>

## GLP-1 AGONISTS Type 2 diabetes or weight loss medications

### Daily

- Rybeisus (semaglutide)
- Victoza (liraglutide)
- Saxenda (liraglutide)
- Byetta (exenatide)
- Adlyxin (Lixisenatide)

### Weekly

- Ozempic (semaglutide)
- Wegovy (semaglutide)
- Trulicity (dulaglutide)
- Bydureon (exenatide)
- Mounjaro (tirzepatide)

**Hold GLP-1 agonists** on the **DAY** of procedure for patients who take the medication **DAILY**.

**Hold GLP-1 agonists** a **WEEK** prior to the procedure for the patients who take the medication **WEEKLY**.