

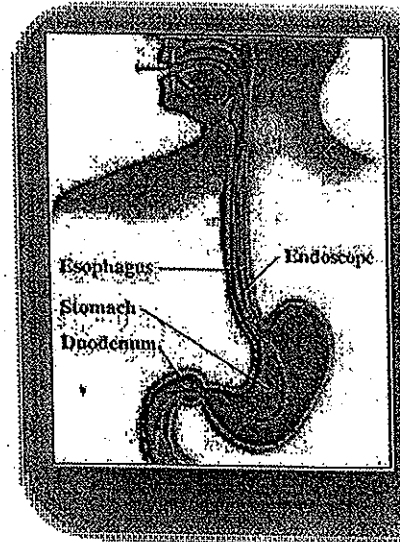
UPPER GI ENDOSCOPY EGD

What is an EGD?

- Upper GI endoscopy is special examination of your upper gastrointestinal (GI) tract allows the physician to look directly at the upper gastrointestinal tract, including the esophagus, stomach and duodenal portion of the small intestine. Upper GI can diagnose ulcers, gastritis, tumors, Barrett's Esophagus and hiatal hernia. It is also used for taking biopsy specimens, removing foreign objects or polyps, stopping bleeding, and opening strictures.

What Happens During an EGD?

- Endoscopy itself takes about 30 minutes. Allow recovery time to be anywhere from 30 minutes to 60 minutes.
- You will wear comfortable clothes or a gown.
- Your throat will be anesthetized with spray or gargle. Intravenous sedation will be given.
- You will then be asked to swallow the endoscope, which is thinner than most food you swallow. This is surprisingly easy.
- The endoscope does not interfere with your breathing.
- When the procedure is completed, you will rest until sedation wears off. Your pulse and blood pressure may be monitored during and after endoscopy.



Directions for EGD

- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT OR 6 HOURS BEFORE THE PROCEDURE.**
- **DO NOT** take any Iron, Aspirin products, Ibuprofen or Arthritis medicines for one (1) week before your procedure.
- If you currently take heart or blood pressure medicine please take it this morning with a small sip of water.

After the Procedure

- Follow any instructions given by the doctor.
- **YOU MUST** have someone drive you home.

Your EGD is scheduled for, _____ day, _____

**** Please expect to be in the office for at least 3 hours ****

If you have any questions please call our office @ 615-896-6996