

EGD Prep Instructions

Provider: Dr Sunil Sarvaria Date of Procedure: _____ Arrival Time: _____

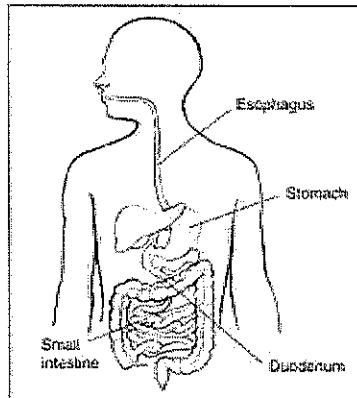
Location: _____ Mid-State Endoscopy Center - 1115 Dow Street, Ste. A, Murfreesboro, TN 37130 ♦ (615)848-9234

_____ St. Thomas Rutherford Hospital, 1700 Medical Center Blvd, Murfreesboro, TN 37128 ♦ (615)396-4100

Please note ALL procedures scheduled at STRH require COVID-19 testing prior to appointment

What is an EGD?

An EGD is an upper GI endoscopy to examine your upper gastrointestinal tract. This procedure allows the physician to look directly at your esophagus, stomach and duodenum to diagnose certain conditions such as ulcers, gastritis, tumors, hiatal hernias and Barrett's Esophagus. During this procedure your physician can also take biopsies, remove foreign objects, stop bleeding and/or open strictures.



One week before your procedure:

- Stop taking all iron products
- **DO NOT STOP ANY BLOOD PRESSURE, BLOOD THINNERS OR HEART MEDICATIONS UNTIL YOUR HEAR FROM OUR OFFICE.**

Prep for EGD:

Do not eat any SOLID FOODS after midnight. You can have clear liquids ONLY up to 4 hours prior to arrival time.

- If you normally take heart or blood pressure medications in the mornings, take them with a very small sip of water.
- This is a sedated procedure so you must have someone with you. They are required to stay the entire time you are here. Plan to be here for 2-3 hours.

MID STATE GASTROENTEROLGY
1115 Dow Street Suite B, Murfreesboro, TN 37130
Phone 615-896-6996 Fax 615-896-6985
Pre-op Instructions

Provider: Dr Sunil Sarvaria Date of Procedure _____ Arrival Time _____

Your Procedure is scheduled at the following facility:

_____ Mid- State Endoscopy Center – 1115 Dow Street Ste. A. Murfreesboro, TN 37130 (615) 848-9234
_____ St. Thomas Rutherford Hospital 1700 Medical Center Parkway, Murfreesboro, TN 37129 (615) 396-4100

Please note ALL procedures scheduled at STRH require COVID-19 testing prior to Appointment

We require a 48 hour cancellation/reschedule notice. Please call 615-896-6996 to reschedule or cancel

One week before your procedure

- Stop taking All Iron Products
- **DO NOT STOP** any blood pressure, blood thinner or heart medication until you hear from our office

Registration/Pre-op Interview

A representative from the facility will call you before your procedure to complete medical history and registration.

Please contact the facility if you haven't heard from them at 48 hours prior to your appointment

Day of Surgery: Please bring the following items with you to the facility

- Photo Identification
- Insurance cards
- List of current medications, including dosages and frequency
- Any Advance Directive, Living Will or Power of Attorney Paperwork

Transportation

- **THIS IS A SEDATED PROCEDURE** You must have a responsible adult driver to remain with you at the facility the entire time and drive you home. Plan to be there 2-3 hours
- If you are using public transportation, you still Must have an adult stay with you the entire time

Payment & Insurance

- **YOU WILL RECEIVE 3-4 SEPARATE BILLS FOR THIS PROCEDURE: PHYSICIAN, FACILITY, ANESTHESIA AND PATHOLOGY**
- **THE FACILITIES WILL ASK FOR PAYMENT ON THE DAY OF SERVICE.** Financial arrangements are available but this must be done in advance. A facility representative will contact you with your cost prior to surgery date.

PREVENTATIVE/ SCREENING COLONOSCOPY COVERAGE

- Although most insurance companies do cover a screening colonoscopy under your preventive/wellness benefits you CAN still receive a bill. Any findings biopsies, polyps, removals risk factors can determine the outcome of your cost. Please note that this would be a policy of your specific plan. The providers of your can do not regulate or can change the coverage policies of your health plans.

Billing for Procedures at Mid-State Endoscopy Center

You will receive (4) separate bills for your procedure:

1. From Mid-State Gastroenterology-Sunil Sarvaria, MD, Alpesh Patel, MD or Francisco Gonzalez, MD-This charge is for the physician performing the procedure.
2. From Mid-State Endoscopy-The Surgery Center (This is separate business and we do not bill for them this charge is for the room and technicians). You will receive a separate bill with their name on the statement.
3. Anesthesiology Group-This charge is for the anesthesia, a separate bill will be sent with their name on the statement.
4. Path Group-This charge is for pathology if you have polyps or for any biopsy taken and you will receive a separate bill from the Path Group with their name on the statement.

Mid-State Endoscopy Center

- Patient Notice Regarding Facility-Based Physicians Who is Out-Of-Network
- While receiving healthcare services at Mid-State Endoscopy Center you may receive treatment from a facility based physician who may be out-of-network and not have a current contract provider agreement with your insurer.
- They physicians and other providers that may treat the patient at this facility may not be employed by this facility and may not participate in the patient insurance network.
- Anesthesiologist, radiologist, and pathologist, are not employed by this facility. Services provided by that specialist, among others, will be billed separately.
- Before receiving services, the patient should check with his or her insurance carrier to find out if the patient's providers are in-network. Otherwise, the patient may be at risk of higher out-of-network charges.
- Mid-State Endoscopy is contracted with the following physicians and/or physician groups to provide the following services.

****Anesthesia ** Radiology ** Pathology**

Mid-State Endoscopy Center

Physician and other Providers

Physician:	Anesthesia:	Pathology:
Mid-State Gastroenterology (615) 896-6996 www.mid- stategastro.com	Medusind 1-888-709-3117 https://www.patientnotebook.com/utnms	Path Group 1-855-627-4002 www.pathgroup.com

MID STATE ENDOSCOPY CENTER

At Mid State Endoscopy, there is no higher priority than your well-being and the broader health of our communities. We understand the fear and concern surrounding this outbreak, and we are committed to doing all we can to keep you and your family healthy and offer you peace of mind. Although you may have concerns about the coronavirus, we are here to keep you informed. We are closely monitoring the outbreak of novel coronavirus (COVID-19) and we are taking proactive steps to ensure your safety.

Our top priority, as always, is to deliver safe, high-quality care to you and all patients that we serve. We understand the value our facility provides as an important site of access for patients needing ongoing healthcare diagnostics, procedures, surgeries and pain management in a controlled and safe environment, and we appreciate the trust you have placed in us.

We are working with local and state health departments, and are following the Centers for Disease Control and Prevention (CDC) guidelines and recommendations. In our operating rooms and across all patient care areas, we provide the highest level of cleaning and disinfecting by following guidelines from the CDC and the Association of Operating Room Nurse (AORN). As we work together to keep patients, visitors and our team's safe, here's what you can expect from us:

Prior to surgery

Two week prior to the date of your surgery you will need to begin to self-monitor at home by taking your temperature and monitoring for cough, shortness of breath, and difficulty breathing (flu-like), lose of smell or taste, and all signs of the Coronavirus. Please call the facility if you develop a fever or any flu-like symptoms.

Prior to surgery we will call you and ask you screening questions about your general health. At this time you will be instructed to continue to monitor yourself at home. You should stay away from anyone who has had recent travel, had flu-like symptoms, or has tested positive for coronavirus. Again, please notify the facility for any changes in your general health.

If at any time within 14 days prior to your procedure you develop a fever or flu-like symptoms please call the facility at 615-848-9234 and provide us with notification.

Visiting our Center on the day of Surgery

Upon your arrival, and prior to entering the building, please contact us via telephone at 615 -848- 9234. For the utmost safety of all, we require all visitors to remain in their cars as visitors are prohibited at this time. We will contact them upon completion of your recovery and will provide them with your instructions for discharge.

To learn more about coronavirus symptoms, visit [cdc.gov](https://www.cdc.gov)

Frequently Asked Questions:

- What is coronavirus?
Novel coronavirus (COVID-19) is a respiratory (lung) illness. Flu-like symptoms are:
 - a) Fever
 - b) Cough
 - c) Shortness of breath
 - d) Difficulty breathing
 - e) Headache

- f) Muscle aches
- g) Loss of taste or smell
- How can I prevent contracting or spreading the virus?
 - a) Wash your hands frequently with soap and water for at least 15 to 20 seconds, or use hand sanitizer.
 - b) Avoid touching your eyes, nose or mouth with unclean hands.
 - c) Stay away from people who are sick or have had recent travel
 - d) Use a tissue to cover coughs and sneezes, then throw tissue away.
 - e) Clean and disinfect frequently touched items and surfaces.
 - f) Stay home when you are sick, except to receive medical care.
 - g) Obtain the coronavirus vaccine
- What do I do if I think I have coronavirus?
 - a) Call your doctor right away for advice and minimize contact with others.
 - b) Stay home except to get medical care.
 - c) If you have shortness of breath, call 911 immediately.
 - d) Do not come to the surgical facility without clearance from your physician.
- Mask Options
 - a) Please wear a mask upon entry to the center. If you do not have a mask, one will be provided for you.

Please know that we have an unwavering commitment to the safety of our patients, visitors and team. Thank you for choosing our center to meet your healthcare needs.