

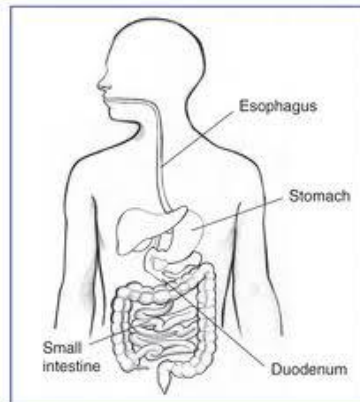
EGD Prep Instructions

Provider _____ Date of Procedure: _____ Arrival Time: _____

Location: ___ Mid-State Endoscopy Center - 1115 Dow Street, Ste. A, Murfreesboro, TN 37130 ♦ (615)848-9234
___ St. Thomas Rutherford Hospital, 1700 Medical Center Blvd, Murfreesboro, TN 37128 ♦ (615)396-4100
___ StoneCrest Medical Center – 200 Stonecrest Blvd., Smyrna TN 37167 ♦ 615-768-2000

+What is an EGD?

An EGD is an upper GI endoscopy to examine your upper gastrointestinal tract. This procedure allows the physician to look directly at your esophagus, stomach and duodenum to diagnose certain conditions such as ulcers, gastritis, tumors, hiatal hernias and Barrett's Esophagus. During this procedure your physician can also take biopsies, remove foreign objects, stop bleeding and/or open strictures.



One week before your procedure:

- Stop taking all iron products
- **DO NOT STOP ANY BLOOD PRESSURE, BLOOD THINNERS OR HEART MEDICATIONS UNTIL YOU HEAR FROM OUR OFFICE.**

Prep for EGD:

Do not eat any SOLID FOODS after midnight. You can have clear liquids ONLY up to 4 hours prior to arrival time.

- If you normally take heart or blood pressure medications in the mornings, take them with a very small sip of water.
- This is a sedated procedure so you must have someone with you. They are required to stay the entire time you are here. Plan to be here for 2-3 hours.